

COMMUNITY

LIVING

KIRKLAND LAKE

Summer 2008

November 2008

Hi everyone,
Every autumn, when the stunning fall colours appear, I like to take the time to reflect back on the wonderful things that transpired during the summer. This year, I welcome you along for the ride.

The goal of this edition is to report on the wonderful things that occurred this summer.

Looking back at the pictures I received from the programs, I can attest that the Community Living Kirkland Lake family was extremely busy this summer.

The CLS program was kept busy developing and implementing new activities that were enjoyed by all. (Pages 4,5,6 &7)

The Station Rd. gang took a trip to the lovely Muskoka region. (Pg 2)

The Apartment Complex crew loaded the bus and took day trips throughout the district. (Pg 3)

The Furlong Residence took a memorable trip to the beautiful Parry Sound area. (No pictures or story forwarded).

Crystal Rae (CIP) as well as Esther Richards and her volunteers kept things hopping during the Venture Night activities. They also said good-bye to several dedicated volunteers which we will highlight in a separate newsletter .

Staff have also continued to show great participation in the monthly Body Bulletin contest. Winner are displayed in this edition. (Pg 8)

All in all, we had a wonderful summer despite the rain. The fall was bright and beautiful. Hopefully the winter will not be horribly harsh.

I would like to thank Star Bolger for the awesome Halloween Newsletter.

Enjoy.



Station Road Holiday

Station Road had another fun-filled trip this summer. This time went to the Muskokas. We stayed at the beautiful Riverside Resort in Bracebridge and we saw some of the most amazing scenery you could ever imagine.

We shopped in various places like Gravenhurst, Bracebridge and Orillia. We ate in numerous restaurants and we went on the most beautiful pontoon boat tour in Port Carling. On the cruise, we saw many "cottages" some of which cost in the excess of \$53 million. Even some of the boat houses were one million dollars or more.

Our last night we went to Casino Rama and we all played the slot machines. Let me just say that we had some "high rollers" in our midst and our clients all won a little bit of mad money for the drive home.

Like last year our clients made us proud and they were all the perfect ladies and gentlemen we know they can be. We look forward to our trip next summer. I'll keep you all posted.

Meredith



It was "Ships Ahoy" for Suzie as she cruised the Muskokas. Boat ride \$35. Smiles priceless!



Did someone say "smile"? This is Tiffany displaying her inner "cool". Question of the day: Why is the steering wheel on the right side. Did they go to Britain without telling us.



Dick enjoying the only bit of sun we had all summer. It's obvious that nobody needed to tell Dick to smile :)



Food eaten amongst friends always tastes better.



The gang at Station Rd. thanks you for making this trip possible. Good job.

APARTMENT COMPLEX

Sorry about the quality of the pictures, but the format that the pictures were sent to me didn't convert very well.



The crew at Apartment Complex took a day and went to visit the underground mine in Timmins. They all had a great time. Tammy and Suzanne are seen above taking a ride down the ramp. They also visited the Shania Twain Center.



Seen above is the Apartment Complex crew eating. Everyone was famished after a long day.



Miner's Prayer

When the whistle blows each morning
And I walk down in this cold dark mine.
I say a prayer to my dear savior
Please let me see the sunshine one
more day.
(excerpt from Miner's Prayer)



CLS New “Sizzling, Summer “ Activities

In case you haven't noticed, the Community Living Skills program has been in a transition mode for quite sometime.

Our overall goal remains to develop and implement programming that will better meet the needs of the people we support. To this effect, we looked at our present programming and we determined that some changes needed to occur.

Our short term goals was to develop an individualized schedule of activities for each client based on the information gathered from their Person Centered Plans. This was completed early in the spring and through this planning new programs were added to the schedule.

We will highlight these new initiatives in this newsletter.

Our long-term goal continues to be to promote movement along the support continuum from paid services to natural supports in the community. We hope to be a leader in making this a reality.

Nature Appreciation Program



Dean Sharkey and Karen Armstrong introduced the Nature Appreciation program in July. This program is well attended and it is thoroughly enjoyed by all participants. The gang explored the far reaches of our wild district . Going to Esker Provincial Park was a highlight as they cooked their lunches on the barbecues that are available.

Community Outings



Michelle Farstad, our newest employee at CLS, organized a community outing. This happy group left the confines of the CLS building and visited the Kirkland Lake and District Ambulance Services.

Bowling

Every Tuesday afternoon, our newest venture takes place. Bowling is a very social activity that is enjoyed by all that attend. A special thank you is extended to Dean Sharkey for organizing this activity. He made the community connections and made it happen.



Dean and Sue appear to be delivering the bowling ball with some English.



Darlene Kant is seen here assisting Lisa



The gang is seen here relaxing and having fun.



We're not sure what Dale is doing but he's having fun doing it..



Bert is seen here delivering a ball with great form.



You can probably tell by the expression on Lawrence's face that he's one of our most passionate players.

“ GOING FISHING “

When we looked at making changes at CLS, we stated that we didn't want to make changes for the sake of change. We wanted to make positive change that would effect the lives around us in an affirmative way. Our first task at hand was to review the PCPs and pull out “What is Important To” the people we support. This was the genesis of the “Going Fishing” program. The following pictures will support the following statement: “ Fishing is Fun”.



Bert enjoying a quiet moment.



Larry enjoys the great outdoor. He didn't mind the rain.



Chris and Serge being very ,very quiet.



Can you tell that Tammy loves to fish?



Chris caught a fish. Dean, Serge and Lawrence are happy for him.



Nothing brings on an appetite like a day of fishing.



Larry is fully concentrating on catching the big one.



Sue's smile says it all!!!

WALKING FOR HEALTH OF IT

Rain or shine the “Walking for the Health of It”, introduced by Karen Armstrong, took place three times a week. The participants goal was to walk the equivalency of walking to the Quebec border. Karen presented certificates of achievement to all the participants who reached their goal. Next years goal, “Toronto”?



BEACH PROGRAM

With all the rain we had this summer, our beach program was a hit and miss affair. When the weather co-operated we had a great time. We hope next year mother nature will work together with us to make this wonderful program a continued success.



If you look closely, I think Hugo is wearing a Speedo.

Sue, Hugo and Dick sitting enjoying a picnic at Crystal Beach

MONTHLY BODY BULLETIN WINNERS



I am happy to announce that the winner for the **June** Body bulletin questionnaire is Traci Fong.



I am happy to announce that the winner for the **July** Body bulletin questionnaire is Karen Armstong.



I am happy to announce that the winner for the **August** Body bulletin questionnaire is Jean Marc Ducharme.



I am happy to announce that the winner for the **September** Body bulletin questionnaire is Mary Desjardins.

We had a terrific response this month. We received 35 correct questionnaires. As a result of the wonderful participation, I have drawn 2 winners. I am happy to announce that the winner for the **October** Body bulletin questionnaire is Nancy Tan and Connie Cook.

Congratulations Nancy and Connie!

Sorry no pictures?